

Overall 5K Run

Go the Distance for Crime Victims

Thomas Park - Marion, IA

Saturday, April 13, 2019

Plc	M\F	Division	Age	Name	City	St	Chip	mpm	Gun	mpm
1	1	1 OVM	28	Bryant Rader	Knoxville	IA	17:20	5:35	17:20	5:35
2	2	1 M40	41	Wes Hilleshiem	Marion	IA	19:14	6:11	19:15	6:12
3	3	1 M20	29	Aaron Von Ahsen	Williamsburg	IA	21:07	6:48	21:11	6:49
4	4	1 M50	54	Glenn Kieler	Cedar Rapids	IA	21:22	6:53	21:23	6:53
5	5	1 M30	37	Bryan Cless	Marion	IA	21:49	7:01	21:55	7:03
6	6	2 M50	53	Joel Fopma	Marion	IA	22:33	7:15	22:34	7:16
7	7	2 M30	38	Marty McDermott	Cedar Rapids	IA	22:34	7:16	22:38	7:17
8	8	2 M40	47	John Scroggins	Cedar Rapids	IA	22:44	7:19	22:45	7:19
9	9	3 M50	57	Horacio Olivo	Iowa City	IA	22:57	7:23	22:59	7:24
10	10	3 M30	31	Scott Becker	Cedar Rapids	IA	23:21	7:31	23:38	7:36
11	11	4 M30	32	Barry Francois	Coggon	IA	23:38	7:36	23:41	7:38
12	12	4 M50	58	Craig Brophy	Cedar Rapids	IA	23:45	7:39	23:46	7:39
13	1	1 OVF	22	Morgan Brown	Cedar Rapids	IA	23:52	7:41	23:55	7:42
14	2	1 F40	43	Deidre Nims	Robins	IA	24:00	7:43	24:01	7:44
15	13	5 M30	37	David Benton	Hiawatha	IA	23:57	7:43	24:01	7:44
16	3	2 F40	41	Liz Winter	Jesup	IA	24:13	7:48	24:16	7:48
17	14	6 M30	34	Matthew Ganske	Palo	IA	24:42	7:57	24:46	7:58
18	4	1 JRF	10	Lexi Nims	Robins	IA	25:14	8:07	25:16	8:08
19	5	3 F40	42	Mariah Hurley	Cedar Rapids	IA	25:23	8:10	25:25	8:11
20	6	1 F50	59	Patti Erenberger	Marion	IA	25:23	8:10	25:27	8:11
21	15	2 M20	27	Sean McCallum	Cedar Rapids	IA	25:38	8:15	25:40	8:16
22	16	1 M14	17	Eli Gregory	Cedar Rapids	IA	25:42	8:16	25:45	8:17
23	17	7 M30	38	Lance Votroubek	Cedar Rapids	IA	25:34	8:14	25:50	8:19
24	18	1 M60	70	Gerry Wegmann	Cedar Rapids	IA	25:51	8:19	25:57	8:21
25	7	2 F50	55	Mary Drake	Cedar Rapids	IA	25:57	8:21	25:59	8:22
26	19	5 M50	55	Mark Brown	Cedar Rapids	IA	26:16	8:27	26:20	8:29
27	20	6 M50	57	Jeff Norton	Cedar Rapids	IA	26:19	8:28	26:23	8:29
28	8	1 F14	18	Sami Squires	Cedar Rapids	IA	26:23	8:30	26:25	8:30
29	9	2 JRF	9	Annabell Deegan	Cedar Rapids	IA	26:35	8:33	26:37	8:34
30	21	3 M40	49	Matt Hidlebaugh	Marion	IA	26:32	8:32	26:37	8:34
31	22	8 M30	35	Scott O'Brien	Marion	IA	26:42	8:36	26:45	8:37
32	10	4 F40	40	Kelly Draper	Marion	IA	26:46	8:37	26:52	8:39
33	11	2 F14	15	Alexis Newport	Marion	IA	26:56	8:40	26:59	8:41
34	23	3 M20	28	Richard Curtis	Marion	IA	26:43	8:36	27:03	8:42
35	12	3 F14	15	Kilee Flockhart	Cedar Rapids	IA	27:22	8:48	27:25	8:49
36	13	1 F30	37	Katie Moon	Marion	IA	27:49	8:57	27:54	8:59
37	14	2 F30	34	Danica O'Brien	Marion	IA	27:55	8:59	27:58	9:00
38	15	3 F30	36	Tracy Johnson	Marion	IA	27:55	8:59	27:58	9:00
39	16	3 F50	57	Marsha Aspinall	Cedar Rapids	IA	28:33	9:11	28:38	9:13
40	17	4 F50	52	Cindy Hanawalt	Cedar Rapids	IA	28:48	9:16	28:52	9:17
41	24	1 JRM	10	Braedyn Mason	Cedar Rapids	IA	28:55	9:19	28:57	9:19
42	25	4 M40	41	Shawn Frederiksen	Marion	IA	29:04	9:21	29:04	9:21
43	18	4 F30	38	Jackie McDermott	Cedar Rapids	IA	29:11	9:24	29:15	9:25
44	26	4 M20	27	Larry Curtis	Cedar Rapids	IA	29:17	9:26	29:44	9:34
45	27	5 M20	25	Jerrold Curtis	Cedar Rapids	IA	29:17	9:26	29:44	9:34
46	19	3 JRF	13	Zoe Scott			29:28	9:29	29:50	9:36
47	28	2 M60	83	John Leland	Marion	IA	30:21	9:46	30:26	9:48
48	20	5 F50	54	Jackie Brown	Cedar Rapids	IA	30:39	9:52	30:43	9:53
49	21	6 F50	58	Deanna Haddy	Cedar Rapids	IA	30:50	9:56	30:53	9:57
50	22	5 F30	37	Melanie Reiman	Cedar Rapids	IA	30:40	9:52	30:55	9:57
51	23	4 JRF	12	Joslyn Fopma	Marion	IA	30:53	9:56	30:55	9:57
52	29	5 M40	48	Peter Deegan	Cedar Rapids	IA	31:06	10:01	31:09	10:02
53	24	7 F50	50	Tami Flockhart	Cedar Rapids	IA	31:06	10:01	31:10	10:02
54	30	2 JRM	7	Conor Harris	Iowa City	IA	31:18	10:05	31:27	10:07
55	25	1 F20	28	Holly Sholes	Cedar Rapids	IA	31:24	10:06	31:30	10:08
56	31	9 M30	38	Mike Harris	Iowa City	IA	31:22	10:06	31:32	10:09
57	26	6 F30	30	Kaitlyn Bolger	Waterloo	IA	31:31	10:09	31:38	10:11
58	27	2 F20	29	Kelli Sueppel	Marion	IA	31:56	10:17	31:58	10:17
59	32	10 M30	34	Alan Sholes	Cedar Rapids	IA	32:13	10:22	32:21	10:25
60	28	3 F20	24	Sarah McCallum	Cedar Rapids	IA	33:12	10:41	33:16	10:42
61	29	5 F40	42	Jeannette Fauchie	Coggon	IA	33:22	10:44	33:22	10:44
62	30	6 F40	42	Christene Langman	Coggon	IA	33:22	10:44	33:22	10:44
63	31	7 F40	49	Tamera Stewart	Riverside	IA	33:24	10:45	33:29	10:47
64	32	7 F30	33	Ashley Schroeder	Cedar Rapids	IA	33:18	10:43	33:33	10:48
65	33	3 JRM	13	Vincent Frederiks	Marion	IA	33:24	10:45	33:39	10:50
66	33	8 F30	34	Nicole Arnold	Cedar Rapids	IA	34:27	11:05	34:31	11:07
67	34	8 F40	41	Kat Russell	Cedar Rapids	IA	34:44	11:11	34:50	11:13
68	35	9 F40	41	Elizabeth Lucas	Cedar Rapids	IA	35:46	11:31	35:52	11:33
69	36	9 F30	38	Dana Melone	Cedar Rapids	IA	36:38	11:47	36:41	11:48
70	37	4 F20	26	Lindsay Meade	Cedar Rapids	IA	36:38	11:47	36:41	11:49
71	34	7 M50	54	Rich Pazdernik	Cedar Rapids	IA	36:50	11:51	36:55	11:53
72	38	8 F50	59	Karen Matthews	Cedar Rapids	IA	37:39	12:07	37:55	12:12
73	39	10 F40	43	Liz Kennedy	Cedar Rapids	IA	39:16	12:38	39:21	12:40
74	40	10 F30	30	Ali Carlson	Marion	IA	39:52	12:50	39:59	12:52
75	41	11 F40	41	Heather Smith	Marion	IA	39:53	12:50	40:00	12:52
76	35	4 JRM	12	Aidan Winders	Lisbon	IA	40:31	13:02	40:31	13:02
77	36	5 JRM	11	Ryan Winders	Lisbon	IA	40:06	12:54	40:31	13:03
78	42	12 F40	40	Corinne Newport	Marion	IA	41:23	13:19	41:29	13:21

Overall 5K Run

Go the Distance for Crime Victims

Thomas Park - Marion, IA

Saturday, April 13, 2019

Plc	M\F	Division	Age	Name	City	St	Chip	mpm	Gun	mpm
79	43	11 F30	31	Norma Davis	Columbus Junct	IA	41:33	13:22	41:46	13:27
80	44	1 F60	67	Lorelei Hackbardt	Marion	IA	43:32	14:01	43:41	14:04
81	37	3 M60	70	Philip Hackbardt	Marion	IA	43:33	14:01	43:42	14:04
82	45	13 F40	45	Samantha Eckes	Cedar Rapids	IA	45:11	14:32	45:19	14:35
83	46	9 F50	51	Judy Coil	Marion	IA	45:11	14:33	45:19	14:35
84	47	12 F30	30	Kelly Benton	Hiawatha	IA	45:27	14:38	45:34	14:40
85	38	6 JRM	11	Connor Steenhoek	Cedar Rapids	IA	48:29	15:36	48:31	15:37
86	48	5 F20	28	Shannon Powers	Cedar Rapids	IA	52:08	16:47	52:43	16:58
87	39	6 M20	28	Andrew Powers	Cedar Rapids	IA	52:10	16:48	52:44	16:58
88	49	13 F30	32	Amanda Stock	Cedar Rapids	IA	55:46	17:57	56:13	18:06